



# Centro de Medicina del Deporte

Ayuntamiento de San Javier

Calle Maestre, frente al nº 60. 30730 San Javier. Tel. 968573700 ext. 5154

## Sports Medical Centre

### **PHISICAL CHECK-UPS AND CONSULTATIONS**

**The sports medical centre from San Javier Council** would like to offer you and your family its services providing guarantees for your health to enable you to carry out favourite sports or activities.

Our installations have the means to ensure that you stay healthy while exercising by keeping you informed on every aspect of your physical condition and the type of exercise that suits you better.

Our staff is **specialized in sports medicine** offering each individual **personalised medical assistance according to their needs and the type of exercise they are involved in.**

So, visit us whether you need a **physical check-up, an exercise stress test or consultation regarding** a medical problem related to the physical exercise that you do.

It is in our best interest that everyone exercises or practices sports without risk. There is a small fee for our customers who wish to take advantage of this opportunity. Enrolled people in any activity at the Sports Centre will pay **9 €** for a physical check-up which includes an electrocardiogram amongst other tests. People who want, in addition to the above, to undergo a stress test will pay **18 €** which includes the aforementioned, plus a exercise test and a respiratory test (spirometry). There is a particular physical check-up aimed to people enrolled in the **physical activity program for seniors** (actividad física para mayores) at a very economical price, which is only **6 €**. We will provide all our customers with a written medical report.

**TO MAKE AN APPOINTMENT come to our medical centre or call us on:**

**968 573 700 extensión 5154  
661 564 571**